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Henry Cockburn's account of
battling Schizophrenia Henry's

Demons: The best book to read if
you want to learn about psychosis
(Links in description)

Schizophrenia: Early Warning
Signs Religious Delusions and

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Disorder The Messed Up Origins
of Alice in Wonderland (Pt. 1) |
Disney Explained - Jon Solo

Henry's Demons - An exhibition
by Henry Cockburn ~~Henry's
Demons presentation~~ Patrick
Cockburn, Author and Journalist

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~~Anderson Cooper tries a
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Schizophrenia \u0026amp; Mental
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Head Say Interview: Catatonic
Schizophrenic Schizophrenia =
Possessed By DEMONS???~~ □□□□

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Darkness ~~Anderson Cooper tries
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Schizophrenia - Mental Health

101 | Am Not A Monster:

Schizophrenia | Cecilia McGough |

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~~TEDxPSU Monologue for two:~~

~~Patrick Cockburn Matthew's Book~~

~~/ Demon Possession vs Mental~~

~~Illness Henrys Demons Living~~

~~With Schizophrenia~~

Henry's Demons: Living with

Schizophrenia, A Father and Son's

Story is exactly what the title

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states. Henry Cockburn came from a well rounded family with a younger brother, a loving father, and a loving mother. As a child he was a high achiever and impressed his parents and teachers.

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Henry's Demons gives us an important glimpse into the world of schizophrenia. Reading it can help anyone going through the trauma of having a family member with mental illness.

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Henry's story can help diffuse some of the fear, uncertainty, and mystery that must be faced.

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Henry's Demons gives us an important glimpse into the world

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Amazon.com: Henry's Demons: Living with Schizophrenia, a ...
And Sons Story Patrick Burn
Henry's Demons is an unusual look at mental illness because the story is told by the father of a child who has schizophrenia and the child who is a diagnosed schizophrenic. Henry is blessed

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because he lives in England, where treatments for and care of those with mental illness is more available and organized than in the U.S.

Amazon.com: Henry's Demons:
Living with Schizophrenia, A ...

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Henry's Demons: Living with Schizophrenia, A Father and Son's Story is a 2011 book by Patrick Cockburn in collaboration with his son Henry Cockburn, published by Simon & Schuster. Content.

Patrick Cockburn's son Henry was diagnosed with schizophrenia at

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the age of 20 whilst studying art
at Brighton University.

Henry's Demons - Wikipedia
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Story. Henry's Demons. : Patrick
Cockburn, Henry Cockburn. Simon

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Biography & Autobiography - 256
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The Observer Health, mind and
body books Henry's Demons:

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and Henry Cockburn - review A
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reporter Patrick...

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Henry's Demons is an unusual look at mental illness because the story is told by the father of a child who has schizophrenia and the child who is a diagnosed schizophrenic. Henry is blessed because he lives in England, where treatments for and care of

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those with mental illness is more available and organized than in the U.S.

Henry's Demons: Living with Schizophrenia, A Father and ...
Now, almost 10 years later, Henry is beginning to recover, and he

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and his father have collaborated
on a memoir of his experiences,
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'Henry's Demons': Mental Illness
From The Inside : NPR

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"Henry's Demons" is the harrowing yet hopeful story of the descent into schizophrenia of UK journalist Patrick Cockburn's son Henry at age 20. Henry's self-reflections are the stuff of raw genius." -"Elle" "A compelling, powerful first person account of

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the gritty realities of living with serious mental illness. Patrick and Henry are utterly real."

Henry's Demons: Living with Schizophrenia, a Father and ...
When Patrick Cockburn received a telephone call while reporting in

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Afghanistan to tell him that his son, Henry, had been admitted into a hospital mental ward the Cockburn family began a long and arduous battle with schizophrenia. Told by both Patrick and Henry this is the tale of Henry's road to (near)

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Henry's Demons: Living with
Schizophrenia, A Father and Son's
Story Hardcover – Bargain Price,
Feb. 1 2011. by Patrick Cockburn

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(Author), Henry Cockburn
(Author) 4.6 out of 5 stars 77
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Henry's Demons gives us an important glimpse into the world of schizophrenia. Reading it can help anyone going through the trauma of having a family member with mental illness. Henry's story can help diffuse some of the fear, uncertainty, and

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Story by Patrick Cockburn and

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Henry Cockburn. News, author
interviews, critics' picks and
more. Henry's...

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story. [Patrick Cockburn; Henry
Cockburn]

Henry's demons : living with
schizophrenia, a father and ...

"A living, breathing book...

Henry's Demons is a probing tour
through the glories (and

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occasional idiocies) of the British health care system, through the history of schizophrenia and through the often barbarous ways patients have been treated. It's a tour, too, through the psyches of two bright people watching their son unravel, the stitching pulled

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from his mind like wool from the
bottom of a sweater.

Henry's Demons: Living with
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Henry's Daemons Great book if
you are interested in knowing
what it's like to suffer from

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Schizophrenia or Bi-polar
disorder.
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Henry's Demons on Apple Books
Award-winning Independent Iraq
correspondent Patrick Cockburn
(Muqtada Al-Sadr and the Battle
for the Future of Iraq, 2008, etc.)

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and his 26-year-old son Henry, a diagnosed schizophrenic, collaborate to tell the story of battling an acute mental illness. In 2002, Henry was a British college student who appeared to be happily launched on an artistic career until—without any obvious

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precipitating cause—he began to
hear voices that prompted him to
endanger his life by wandering
naked in ...

A British journalist and his

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offer a dual memoir about how they have coped with the son's mental illness and his long, difficult journey toward recovery.

On a cold February day two months after his 20th birthday,

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Henry Cockburn waded into the Newhaven estuary outside Brighton and tried to swim across, almost drowning in the process. The trees, he said, had told him to do it. Nearly halfway around the world, in Kabul, Afghanistan, journalist Patrick Cockburn

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learned that Henry, his son, had been admitted to a hospital mental ward and appeared to be suffering a mental breakdown.

Ten days later, Henry was officially diagnosed with paranoid schizophrenia. Thus begins Patrick and Henry's extraordinary

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account of Henry's steep descent into mental illness and of Patrick's journey towards understanding the changes it has wrought. With remarkable candour, Patrick writes of the seven years since, years Henry has spent almost entirely in mental hospitals.

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Schizophrenia are at high risk for suicide, and Patrick and his wife live in constant fear for Henry's life. Patrick also provides a fascinating glimpse into the conflicted history of schizophrenia's diagnosis and treatment and shows how little

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we still know about this debilitating condition. The book also includes Henry's own account of his experiences. In these raw and eerily beautiful chapters written from the hospital, he tells of the visions and voices that urge him on and

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of the sense that he has discovered something magical and profound. Together, Patrick's and Henry's stories create one of the most nuanced and revealing portraits of mental illness ever written, and a stirring memoir of family, parenthood, and the

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courage it takes to persevere and
emerge, at last, whole.

Now in paperback, the
exceptionally well-reviewed,
"intimate and
authoritative...outstanding double
memoir" ("The New York Times

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Book Review") about
schizophrenia written by an
eminent journalist and his son. On
a cold February day two months

after his twentieth birthday,
Henry Cockburn waded into an
estuary outside Brighton, England
and nearly drowned. Voices, he

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said, had urged him to do it. Nearly halfway around the world in Afghanistan, journalist Patrick Cockburn learned his son had

been admitted to a hospital. Ten days later, Henry was diagnosed with schizophrenia. Narrated by

Patrick and Henry, this is the

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haunting, extraordinary story of the eight years he spent almost entirely in hospitals--and his family's steadfast response to a bewildering condition. Combining Patrick's frank reporting of his son's transformation from art student to mental patient with

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Henry's raw, eerily beautiful description of hearing trees and bushes speaking to him, voices compelling him to wander the countryside, the loneliness of life within hospital walls, and finally, his steps towards recovery, "Henry's Demons" is one of the

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most profoundly moving and revealing accounts of mental illness ever written.

When readers first meet Ben, he is a sweet, intelligent, seemingly well-adjusted youngster. Fast forward to his teenage years,

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though, and Ben's life has spun out of control. Ben is swept along by an illness over which he has no control—one that results in runaway episodes, periods of homelessness, seven psychotic breaks, seven hospitalizations, and finally a diagnosis and

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treatment plan that begins to work. Schizophrenia strikes an estimated one in a hundred people worldwide by some estimates, and yet understanding of the illness is lacking. Through Ben's experiences, and those of his mother and sister, who

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supported Ben through every stage of his illness and treatment, readers gain a better understanding of schizophrenia, as well as mental illness in general, and the way it affects individuals and families. Here, Kaye encourages families to stay

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together and find strength while accepting the reality of a loved one's illness; she illustrates, through her experiences as Ben's mother, the delicate balance between letting go and staying involved. She honors the courage of anyone who suffers with

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mental illness and is trying to improve his life and participate in his own recovery. Ben Behind His Voices also reminds professionals in the psychiatric field that every patient who comes through their doors has a life, one that he has lost through no fault of his own. It

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Shows what goes right when professionals treat the family as part of the recovery process and help them find support, education, and acceptance. And it reminds readers that those who suffer from mental illness, and their families, deserve respect,

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During his second semester at college, Kurt Snyder became convinced that he was about to discover a fabulously important mathematical principle, spending hours lost in daydreams about

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numbers and symbols. In time, his thoughts took a darker turn, and he became preoccupied with the idea that cars were following him, or that strangers wanted to harm him. Kurt's mind had been hijacked by schizophrenia, a severe mental disorder that

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typically strikes during the late teen or young adult years. In *Me, Myself, and Them*, Kurt, now an adult, looks back from the vantage point of recovery and eloquently describes the debilitating changes in thoughts and perceptions that took hold of

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his life during his teens and twenties. As a memoir, this book is remarkable for its unvarnished look at the slow and difficult process of coming back from severe mental illness. Yet Kurt's memoir is only half the story. With the help of psychiatrist

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Raquel E. Gur, M.D., Ph.D., and
veteran science writer Linda
Wasmer Andrews, Kurt paints the
big picture for others affected by
adolescent schizophrenia.

Drawing on the latest scientific
and medical evidence, he
explains how to recognize

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warning signs, where to find help, and what treatments have proved effective. Kurt also offers practical advice on topics of particular interest to young people, such as suggestions on managing the illness at home, school, and work, and in

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relationships with family and friends. Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, My, Myself, and Them offers hope to young people who are struggling with schizophrenia, helping them

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to understand and manage the
challenges of this illness and go
on to lead healthy lives.

This report provides an overview
of the current state of knowledge
about why some people hear
voices, experience paranoia or

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have other experiences seen as 'psychosis'. It also describes what can help. In clinical language, the report concerns the 'causes and treatment of schizophrenia and other psychoses'. In recent years we have made huge progress in understanding the psychology of

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what had previously often been thought of as a largely biological problem, an illness. Much has been written about the biological aspects: this report aims to redress the balance by concentrating on the psychological and social aspects,

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both in terms of how we understand these experiences and also what can help when they become distressing. We hope that this report will contribute to a fundamental change that is already underway in how we as a society think about and offer help

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for 'psychosis' and 'schizophrenia'. For example, we hope that in future services will no longer insist that service users accept one particular view of their problem, namely the traditional view that they have an illness which needs to be treated

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primarily by medication. The report is intended as a resource for people who work in mental health services, people who use them and their friends and relatives, to help ensure that their conversations are as well informed and as useful as

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possible. It also contains vital information for those responsible for commissioning and designing both services and professional training, as well as for journalists and policy-makers. We hope that it will help to change the way that we as a society think about not

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only psychosis but also the other kinds of distress that are sometimes called mental illness.

This report was written by a working party mainly comprised of clinical psychologists drawn from the NHS and universities, and brought together by their

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professional body, the British Psychological Society Division of Clinical Psychology. This report draws on and updates an earlier one, Recent Advances in Understanding Mental Illness and Psychotic Experiences, which was published in 2000 and was widely

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read and cited. The contributors are leading experts and researchers in the field; a full listing with affiliations is given at the end of the report. More than a quarter of the contributors are experts by experience - people who have themselves heard

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voices, experienced paranoia or received diagnoses such as psychosis or schizophrenia. At the end of the report there is an extensive list of websites, books and other resources that readers might find useful, together with list of the academic research and

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other literature that the report
draws on.

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In 1967, after a session with a
psychiatrist she'd never seen
before, eighteen-year-old
Susanna Kaysen was put in a taxi
and sent to McLean Hospital. She

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spent most of the next two years in the ward for teenage girls in a psychiatric hospital as renowned for its famous clientele—Sylvia Plath, Robert Lowell, James Taylor, and Ray Charles—as for its progressive methods of treating those who could afford its

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Sanctuary. Kaysen's memoir encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting

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landscape of the late sixties. Girl, Interrupted is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.

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How does a parent make sense of a child's severe mental illness? How does a father meet the daily challenges of caring for his gifted but delusional son, while seeking to overcome the stigma of madness and the limits of psychiatry? W. J. T. Mitchell's

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memoir tells the story—at once representative and unique—of one family's encounter with mental illness and bears witness to the life of the talented young man who was his son. Gabriel Mitchell was diagnosed with schizophrenia at age twenty-one

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and died by suicide eighteen years later. He left behind a remarkable archive of creative work and a father determined to honor his son's attempts to conquer his own illness. Before his death, Gabe had been working on a film that would show

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madness from inside and out, as
media stereotype and spectacle,
symptom and stigma, malady and
minority status, disability and
gateway to insight. He was
convinced that madness is an
extreme form of subjective
experience that we all endure at

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Some point in our lives, whether in moments of ecstasy or melancholy, or in the enduring trauma of a broken heart. Gabe's declared ambition was to transform schizophrenia from a death sentence to a learning experience, and madness from a

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curse to a critical perspective.
Shot through with love and pain,
Mental Traveler shows how Gabe
drew his father into his quest for
enlightenment within madness. It
is a book that will touch anyone
struggling to cope with mental
illness, and especially for parents

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MIND ESTRANGED tells the story of Bethany's life, from her years as a promising university student through her gradual descent into schizophrenia, and unexpected,

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full recovery. While slowly losing her sanity, she traveled the world. She returned to the U.S. unable to work or study, and soon found herself homeless, delusional, and controlled by voices that talked to her and gave her orders in her mind. Bethany's memoir enables

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the reader to enter into the mind of a person with schizophrenia, homeless and roaming the streets. While living in the shadows of society, her illness drove her to refuse all contact with her family and friends, and eventually led to her arrest and

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hospitalization. Against all odds, she recovered from schizophrenia, returned to college, and graduated with honors. Henry A. Nasrallah, MD, a professor of psychiatry who treated Bethany, writes, "Bethany is living proof that recovery from

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Schizophrenia is possible with good medical care, solid family support and the courage to keep fighting the tormenting voices that ordered her every move and controlled her every thought.

MIND ESTRANGED is also a powerful message of

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encouragement and support for any human being facing an overwhelming challenge at some point in life." MIND ESTRANGED is the companion book to FLIGHT FROM REASON: A Mother's Story of Schizophrenia, Recovery and Hope, by Karen S. Yeiser. FLIGHT

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FROM REASON parallels the
timeline of MIND ESTRANGED.

Advice on Helping Your Loved
Ones, from the medical director
of the country's largest state
mental health system and the
mental health editor of The

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Huffington Post More than fifty million people a year are diagnosed with some form of mental illness. It spares no sex, race, age, ethnicity, or income level. And left untreated, mental disorders can devastate our families and communities. Family

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members and friends are often the first to realize when someone has a problem, but it is hard to know how to help or where to turn. Our mental health “system” can feel like a bewildering and frustrating maze. How can you tell that someone has a mental

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illness? What are the first and
best steps for you to take? Where
do you go to find the right care?

The Family Guide to Mental
Health Care is the first
comprehensive print resource for
the millions of people who have
loved ones suffering from some

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kind of mental illness. In this book, families can find the answers to their most urgent questions. What medications are helpful and are some as dangerous as I think? Is there a way to navigate privacy laws so I can discuss my adult daughter's

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treatment with her doctor? Is my teenager experiencing typical adolescent distress or an illness? From understanding depression, bipolar illness and anxiety to eating and traumatic disorders, schizophrenia, and much more, readers will learn what to do and

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how to help. Real-life scenarios and authoritative information are written in a compassionate, reader-friendly way, including checklists to bring to a doctor's appointment so you can ask the right questions. For readers who fear they will never see the light

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at the end of the tunnel, this book gives hope and a path forward. As one of the nation's leading voices on quality care in mental health, Dr. Lloyd Sederer has played a singular role in advancing services for those with mental illness. Now, the wealth of his

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expertise and clear guidance is at your disposal. From the first signs of a problem to sorting through the variety of treatment options, you and your family will be able to walk into a doctor's office know what to do and what to ask.

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