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Personality Type To

Discover Your

Parenting Strengths

Janet P Penley

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Drawing on the personality type-theory popularized by the Myers-

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author Janet Penley's more than

eighteen years of working with

mothers, MotherStyles explains

the combinations of traits that

make up sixteen distinct mothering

approaches. From the "Tuned-In

Mother," the "Heart-to-Heart

Mother," and the "Kids 'r' Fun

Mother" to the "Responsibility

Mother" and the "Independence

Mother," Penley helps readers

identify which style reflects her

own strengths, struggles ...

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theory popularized by the Myers-Briggs(r) Type Indic Drawing on the personality type-theory popularized by the Myers-Briggs(r) Type Indicator and author Janet Penley's more than eighteen years of working with mothers, MotherStyles explains the combinations of traits that make up sixteen distinct mothering approaches.

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Find many great new & used options and get the best deals for MotherStyles : Using Personality Type to Discover Your Parenting Strengths by Diane Eble and Janet P. Penley (2006, Perfect) at the best online prices at eBay! Free shipping for many products!

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Through use of the Myers-Briggs Type Indicator ® (MBTI ®) instrument, the most extensively researched and widely used personality inventory in the history of psychological type, MotherStyles aims to strengthen

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the parent-child relationship.

Mothers will learn to increase their chances of success by understanding their children's personalities as well as their own.

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Here is what MotherStyles has to say about my particular type as it pertains to mothering: ENFJ is the “Heart to Heart Mother.” Penley explains, “Expressive and warm, the ENFJ mother is adept at talking about personal concerns, both her children ’ s and her own. ”

~~How Personality Type Affects Your Mothering Style - The ...~~
MotherStyles: Using Personality Type to Discover Your Parenting Strengths. by Janet P. Penley. 4.03 avg. rating · 262 Ratings. An antidote to our stressed-out mother culture, MotherStyles validates the notion that good mothering comes in many styles and explains how understanding how you most often react to your child and why ...

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1) Type and Families Kit. Janet Penley, author of The M.O.M.S.® Handbook, offers MotherStyles, a new inspirational tool to help every mother understand herself, break the myth of the ideal mother, and find the strength to

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develop her own style. Through use of the Myers-Briggs Type Indicator ® (MBTI ®) instrument, the most extensively researched and widely used personality inventory in the history of psychological type, MotherStyles aims to strengthen the parent-child relationship.

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A review of the book

Motherstyles: Using Personality to Discover Your Parenting Strengths by Janet Penley and Diane Eble I first read about this book on Marcia ' s blog. It ' s a mothering personality book that ' s based on the Myers-Briggs typing.

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Discover Your Parenting
Strengths Janet P Penley

An antidote to our stressed-out mother culture, MotherStyles validates the notion that good mothering comes in many styles and explains how understanding how you most often react to your child and why is the most important step toward working through areas that have long given you trouble. Drawing on the personality type-theory popularized by the Myers-Briggs(r) Type Indicator and author Janet Penley's more than eighteen years of working with mothers, MotherStyles explains

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the combinations of traits that make up sixteen distinct mothering approaches. From the "Tuned-In Mother," the "Heart-to-Heart Mother," and the "Kids 'r' Fun Mother" to the "Responsibility Mother" and the "Independence Mother," Penley helps readers identify which style reflects her own strengths, struggles, and needs and, from there, offers unique and concrete ideas for ways to overcome the parenting challenges inherent to each type. Guiding mothers to an understanding of how type affects parent-child interactions and family dynamics, MotherStyles will help moms everywhere to recharge their batteries, and find success in this most important of roles.

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This text offers a wide-ranging, integrated, comprehensive introduction to the field of personality differences for counsellors, looking at the key theories and exploring their application to practice. Suitable for trainee, new and experienced counsellors, this is an invaluable addition to training course reading lists.

In *Mindful Decisions* Marie Vijendran writes with authority both about decision making and the challenges of modern parenthood. Rather than being paralysed through an excess of information or the notion of making the best choice, we can free ourselves by tuning into our instincts. With the

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right conditions, we can find a balance between logic and emotion. The powerful visuals created in this book can be used to guide ourselves towards making decisions that are 'good enough'. Mindful Decisions is an elegant combination of the latest in decision making knowledge and the benefits of adopting a mindful attitude. Learn how to capitalise on an ability to stay in the moment and make a good enough decision for your family.

When "because I'm the parent" meets "you're not the boss of me"... Good news: there are many ways to parent willful children without everyday clashes. Here

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parents learn how to capitalize on children's strengths and make bad days more manageable. Full of ideas and techniques, it explores: how to use empathy first and discipline second; exercises and strategies that work to calm toddler tantrums; bringing teachers on board; raging hormones in teen rebels; and dealing with health and safety issues. -- Much more positive than other parenting books, which focus on discipline and parental control -- Helps parents understand and accept children for who they are, as well as who they can hope to be

“ Looking back at my battle with insecurity about my identity, worth, and uniqueness, I have come to see that I was listening to

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Personality Type.” In Unique
Anna shares her deeply personal
experience with insecurity,
inadequacy, and guilt in her first
years as a mother and how that
affected her marriage,
motherhood, and relationship with
God. With great vulnerability, she
discloses the roots of her
struggles and shares her journey
to purpose, joy, and true security
in God. Unique invites you to come
alongside Anna to explore the
power of the Gospel to break
through comparisonitis,
perfectionism, and guilt, which are
so rampant in motherhood today. If
you want to experience a change
in your motherhood you should
read this book. Meditate over the
Biblical truth it exposes. Pray over
the parts that touched your life.

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Personality Type To become like Him while becoming the person He created you to be: unique.

Every parent knows that children, even babies, have distinct personalities. Any parent with more than one child is probably well aware of how different from each other children, even siblings, can be. So it's only natural that the parenting strategies that work with one child may be less effective with another child. How can you be sure that your nurturing is well suited to your child? With this one-of-a-kind parenting guide, you can use Personality Type analysis - a powerful and well-respected

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Personality Type To understand your child better and become a more effective parent. In Nurture by Nature you'll learn which of 16 distinctly different types best matches your child's personality; how this personality type affects your child in each of the three stages of development - preschool, school age, and adolescence; how other parents, whose experiences are recounted in scores of case studies, deal with a wide array of challenging situations you may encounter: reining in a preschooler whose boundless energy constantly gets him into trouble; communicating with a child who keeps her thoughts and feelings secret; understanding an adolescent who seems not to care that he is forever losing things (his

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homework, his baseball cap, his keys); broadening the horizons of a child who resists trying anything new or unfamiliar...; and how you can adapt your parenting style to your child's type - and get better results when communicating, supporting, motivating, and disciplining. Whether your child is a tantrum-prone toddler, a shy third-grader, a rebellious teen, or somewhere in between, Nurture by Nature will give you the power to understand why children are the way they are - and to become the best parent you can be.

Breaks the "conspiracy of silence" and pulls no punches when detailing just how difficult parenting can be, questioning the myths and half-truths that make

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some parents feel inadequate, and offering valuable survival tools. Reprint. 20,000 first printing.

The first comprehensive book that offers invaluable step-by-step advice for families with donor-conceived children. Wendy Kramer, founder and director of the Donor Sibling Registry, and Naomi Cahn, family and reproductive law professor, have compiled a comprehensive and thorough guide for the growing community of families with donor-conceived children. Kramer and Cahn believe that all donor-conceived children 's desire to know their genetic family must be honored, and in Finding Our Families, they offer advice on how to foster healthy relationships

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within immediate families and their larger donor family networks based on openness and acceptance. With honesty and compassion, the authors offer thoughtful strategies and inspirational stories to help parents answer their own, and their children ' s, questions and concerns that will surely arise, including: How to support your children ' s curiosity and desire to know about their ancestry and genetic and medical background. How to help children integrate their birth story into a healthy self-image. How to help your children search for their donor or half siblings if and when they express interest in doing so. Finding Our Families opens up the lives of donor-conceived people who may

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be coping with uncertainty, thriving despite it, and finding novel ways to connect in this uncharted territory as they navigate the challenges and rewards of the world of donor conception.

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