

The Ysts Preconscious

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The concluding chapter reflects on the key issues addressed, considers the deeper philosophical implications of current work in the field, and identifies pivotal directions for future investigation."--BOOK JACKET.

Thinking Space was set up to develop the capacity of staff and trainees at the Tavistock Clinic to think about racism, and other forms of hatred toward difference in ourselves and others. Drawing on Bion's (1962) distinction between 'knowing' and 'knowing about', the latter of which can be a defence against knowing a subject in a deeper and emotionally real way, Thinking Space sought to promote curiosity, exploration and learning about difference, by paying as much attention as to how we learn (process) as to what we learn (content). This book is a celebration of ten years of Thinking Space at the Tavistock Clinic and a way of sharing the thinking, experience and learning gained over these years. Thinking Space functions, among other things, as a test-bed for ideas and many of the papers included here began as

presentations, and were encouraged and developed by the experience.

A clinical psychologist offers an introduction to Freud's view of the human psyche, including discussion of the unconscious, the Oedipus complex, the repetition compulsion, anxiety, guilt, dreams, and transference.

Psychoanalytic Treatment: An Intersubjective Approach fleshes out the implications for psychoanalytic understanding and treatment of adopting a consistently intersubjective perspective. In the course of the study, the intersubjective viewpoint is demonstrated to illuminate a wide array of clinical phenomena, including transference and resistance, conflict formation, therapeutic action, affective and self development, and borderline and psychotic states. As a consequence, the authors demonstrate that an intersubjective approach greatly facilitates empathic access to the patient's subjective world and, in the same measure, greatly enhances the scope and therapeutic effectiveness of psychoanalysis. Psychoanalytic Treatment is another step in the ongoing development of intersubjectivity theory, as born out in Structures of Subjectivity (1984), Contexts of Being (1992), and Working Intersubjectively (1997), all published by the Analytic Press

Racism's external forms, from racial assault to petty discrimination, are readily recognized. However, its internal dimensions are easily overlooked: how can we understand what happens in the mind of those engaged in or experiencing racism? This book explores the inner relationship between the self and the socially stereotyped – 'racial' – other, providing a clinically derived model of how racist dynamics play out in the mind. Presenting an original theory of the psychology of racism, it: - Reviews and analyses the existing literature on racism and psychoanalysis, including an extensive study of Frantz Fanon's psychological model - Presents new, in-depth clinical observations of racist interchanges in the consulting room and group settings, and new perspectives on such interchanges in the outside world - Theorizes the way in which the race/class divide is internalized and operates, and considers the relationship between individual and institutional racism - Illustrates how racism can be addressed in group and individual settings Arguing that we cannot work with problems of racism without understanding the inner processes that underpin it, this book is an indispensable tool for trainee and experienced psychoanalysts, psychotherapists and counsellors. Its formulations are directly relevant to professionals and academics working across the boundaries of race in health, medical and social service settings.

The notion of an unconscious mental life has been subject to debate for over a century. Psychodynamic practitioners generally understand clients' consciously experienced symptoms to reflect conflict within an unconscious realm; cognitive psychologists, on the other hand, doubt the validity of this psychodynamic understanding of unconscious processes. This innovative volume attempts to bridge the theoretical gulf

between the two approaches by providing objective evidence for unconscious conflict in psychopathology. Integrating psychodynamic, cognitive, and neurophysiological methods, the authors have developed an experimental model using brain wave measurements that can differentiate types of unconscious processes. Meticulously researched and clearly written, the volume provides a unique synthesis of clinical and experimental findings and blazes a new pathway for the study of brain-mind interaction. Following an introduction that outlines the organization of the volume, the authors review the theoretical contexts of psychoanalysis, cognitive psychology, and psychophysiology. The research protocols are then elaborated in sections written both for specialists and for newcomers to each discipline. Chapters describe how psychoanalytically guided clinical assessment of patients leads to hypotheses about the unconscious conflict underlying a symptom, such as phobia. These hypotheses are then used to select words that will be presented subliminally, a method currently employed by cognitive psychologists to investigate unconscious aspects of perception. A new form of signal analysis is applied to obtain brain responses to the subliminal stimuli, providing an objective measurement of dynamically unconscious processes. Three detailed case presentations illustrate the methodological material and help bring the findings to life. Exploring the concept of an unconscious mental life in its full depth, this groundbreaking study sheds new light on the connections between psychological and neurophysiological processes. It will inform a broad interdisciplinary audience including readers in cognitive psychology, psychoanalysis, and neuropsychology.

Why, when and how does aggression go wrong? How can we make sense of apparently meaningless destructiveness and violence
Aggression is a part of human nature that energises our relationships, acts as an impetus for psychic development, and enables us to master our world. More often, we focus on its more destructive aspects, such as the violence individuals inflict on themselves or others and overlook the positive functions of aggression. In *Aggression and Destructiveness* Celia Harding brings together contributions from experienced psychoanalysts and psychoanalytic psychotherapists to explore the roots of aggression and the clinical dilemmas it presents in psychotherapy. Beginning with accounts of aggression and destructiveness from a range of developmental and theoretical perspectives, the book provides useful insights into subjects including: Bullying and abusive relationships Male and female violence and destructiveness Depressive, perverse and psychotic states of mind Attacks on therapeutic treatment This book makes a valuable contribution to the attempt to make sense of human aggression, destructiveness and violence perpetrated against the self, others and reality. It will be of great interest to trainee and qualified psychodynamic counsellors, psychoanalytic psychotherapists and psychoanalysts.

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